

# **Beechmont Community Center**

**205 Wellington Avenue (40214)**

**Supervisor: Sandra Shepard    361-5484**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 – 10:00 am	Open to Seniors Only Senior weight room Senior nutrition Senior fitness class 9:30-10:30 Open pottery studio	Open Weight Rm. Senior nutrition Open pottery studio Pinochle harmonics	Open Weight rm. Senior nutrition Open pottery studio Senior fitness class 9:30-10:30	Open Weight Rm. Senior nutrition Open pottery studio	Open Weight Rm. Senior nutrition Open pottery studio Senior fitness class 9:30-10:30 Tai Chi Club	Open weight room Open pottery studio Open Billiards and games for youth Table tennis
10:00 – 11:00 am	Senior weight room Senior nutrition Senior fitness class 9:30-10:30 Open pottery studio	Open Weight Rm. Senior nutrition Open pottery studio Pinochle Silver Sneaker Class Harmonics	Open Weight rm. Senior nutrition Open pottery studio Senior fitness class 9:30-10:30 Table Tennis	Open Weight Rm. Senior nutrition Open pottery studio Silver Sneaker Class	Open Weight Rm. Senior nutrition Open pottery studio Senior fitness class 9:30-10:30	Open weight room Open pottery studio Open Billiards and games for youth Table tennis
11:00 am – 12:00 pm	Senior weight room Senior nutrition Open pottery studio	Open Weight Rm. Senior nutrition Open pottery studio Pinochle harmonics	Open Weight Rm. Senior nutrition Open pottery studio Table Tennis	Open Weight Rm. Senior nutrition Open pottery studio	Open Weight Rm. Senior nutrition Open pottery studio	Open weight room Open pottery studio Open Billiards and games for youth Table tennis
12:00 – 1:00 pm	Senior weight room Senior nutrition Open pottery studio	Open Weight Rm. Senior nutrition Open pottery studio Pinochle    Harmonics	Open Weight Rm. Senior nutrition Open pottery studio Table Tennis	Open Weight Rm. Senior nutrition Open pottery studio Square Dancing	Open Weight Rm. Senior nutrition Open pottery studio	Open weight room Open pottery studio Open Billiards and games for youth Table tennis
1:00 – 2:00 pm	<b>CLOSED</b>	Open weight room Open pottery studio	Open weight room Open pottery studio	Open weight room Open pottery studio Square dancing	Open weight room Open pottery studio	<b>CLOSED</b>
2:00 – 3:00 pm	Open weight room Open pottery studio	Open weight room Open pottery studio	Open weight room Open pottery studio Square Dancing	Open weight room Open pottery studio Square Dancing	Open weight room Open pottery studio	
3:00 – 4:00 pm	Open weight room Open pottery studio	Open weight room Open pottery studio	Open weight room Open pottery studio Square Dancing	Open weight room Open pottery studio	Open weight room Open pottery studio	
4:00 – 5:00 pm	Open weight room Open pottery studio Open Billiards and games for youth Teen Weight Training	Open weight room Open pottery studio Open Billiards and games for youth Table tennis	Open weight room Open pottery studio Open Billiards and games for youth Square Dancing Teen Weight Training	Open weight room Open pottery studio Open Billiards and games for youth	Open weight room Open pottery studio Open Billiards and games for youth Teen Weight Training	



## Beechmont Community Center continued...

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 – 6:00 pm	Open weight room Open pottery studio Open Billiards and games for youth	Open weight room Open pottery studio Open Billiards and games for youth Table Tennis	Open weight room Open pottery studio Open Billiards and games for youth Square Dancing Basketball Practice	Open weight room Open pottery studio Open Billiards and games for youth Boy Scouts	Open weight room Open pottery studio Open Billiards and games for youth Basketball Practice	CLOSED
6:00 – 7:00 pm	Open weight room Open pottery studio Open Billiards and games for youth Women's Weight Training Class Qigong Tai Chi	Open weight room Open pottery studio Open Billiards and games for youth Table tennis Arts & Crafts Class Zumba	Open weight room Open pottery studio Open Billiards and Games for youth Square Dancing Womens Weight TrainingClass Qigong Tai Chi Basketball practice	Open weight room Open pottery studio Open Billiards and games for youth Zumba Hip Hop Dance	Open weight room Open pottery studio Womens Weight TrainingClass	
7:00 – 8:00 pm	CLOSED	Open weight room Open pottery studio Open Billiards and games for youth Table tennis yoga	Open weight room Open pottery studio Open Billiards and games for youth Square Dancing	Open weight room Open pottery studio Open Billiards and games for youth Yoga Girl Scouts	CLOSED	
8:00 – 9:00 pm		Open weight room Open pottery studio Open Billiards and games for youth Table tennis	Open weight room Open pottery studio Square Dancing	Open weight room Open pottery studio		
9:00 pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	